

# Sinkast oral granule

## Montelukast

### How Supply:

Montelukast sachets are presented as forms that contain 4 mg Montelukast (as sodium). 14 sachets with a leaflet in a box.

### Category:

Leukotriene receptor antagonist; Anti asthmatic – Anti allergic

### General guidance:

Talk to your doctor before your child takes this medicine:

- If your child has a history of hypersensitivity to this drug or other similar drugs.
- If your child has any history of illness or taking other medications.

### Dosage and administration:

Always have your child take this medicine exactly as your doctor or pharmacist has told you.

For children 6 months to 5 years of age:

The recommended dose is one sachet to be taken by mouth each evening. Granules may be administered directly into the mouth, dissolved in 5 mL of cold or room temperature baby formula or breast milk, or mixed with a spoonful of cold or room temperature applesauce, carrots, rice, and ice cream; do not add to any other liquids or foods; liquids may be taken subsequent to administration.

**IMPORTANT:** Never store any granule/food mixture for use at a later time. The sachet should not be opened until ready to use. After opening the sachet, the full dose of Montelukast granules must be administered immediately (within 15 minutes). If mixed with food, Montelukast granules must not be stored for future use.

### Side effects:

Along with its needed effects, a medicine may cause some unwanted effects. Although not all of these side effects may occur, talk to your

doctor if you have any side effects.

- Common side effect: diarrhea, hyperactivity, scaly and itchy skin, rash, abdominal pain, headache, thirst, elevated liver enzymes, upper respiratory infection.

- Uncommon side effect: Talk with your doctor immediately if you notice any of the following side effects:

1. Allergic reactions including swelling of the face, lips, tongue, and/or throat which may cause difficulty in breathing or swallowing
2. Behavior and mood related changes: agitation including aggressive behavior or hostility, depression
3. Seizure

### Precautions:

- If your child's asthma or breathing gets worse, tell your doctor immediately.

- This medication is not meant to treat acute asthma attacks. If an attack occurs, follow the instructions your doctor has given you for your child. Always have your child's inhaled rescue medicine for asthma attacks with you.

- Importance of not discontinuing montelukast without discussing with physician and also don't take more than recommended dose.

- Do not give this medicine to children less than 6 months of age.

- Your child should not take acetyl-salicylic acid (aspirin) or anti-inflammatory medicines (also known as non-steroidal anti-inflammatory drugs or NSAIDs) if they make his/her asthma worse.

### Drug interactions:

Inform your doctor if you are taking phenobarbital, phenytoin, rifampin and any other medicines.

### Storage:

Store this medicine below 30°C. Keep away from moisture and light. Keep out of the reach of children.

Date of revision: FEB 2019

Manufactured by Pursina Pharmaceutical Co. Tehran-Iran