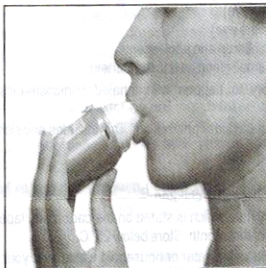


Close the mouthpiece and pull away the protruding end of the strip.
The dose is now ready to be inhaled.

B. Inhalation of the dose



Hold the device away from your mouth.
Exhale completely. Be careful not to exhale on the mouthpiece of the device.
Bring the Elpenhaler® to your mouth and place your lips tightly around the mouthpiece.
Breathe in **slowly and deeply** from your mouth (and not from your nose) until your lungs are full.
Hold in your breath approximately 5 seconds or as long as you comfortably can and at the same time remove the device from your mouth.
Exhale and continue to breathe normally.



C. Cleaning the device

Following each use wipe the mouthpiece and the supporting surface with a dry cloth or dry paper tissue. Do not use water to clean the device. Close the mouthpiece and place the protective cover around it.